

**Healthy Dark Raw Chocolate. In Dark Raw Chocolate There Is A Compound Called "Oligomeric Proanthocyanidin" It Shall Be Referred To As OPCs. This Is A Polyphenol Antioxidant. Chocolate Has Plenty**

*In the world of superfoods there are specific foods that have unusual characteristics.*

Dark raw chocolate has 7000mgs/100gms of OPCs. When compared to grape seed extract it has 20 times more. OPCs may enhance the function of and are synergistic with Vitamin C (OPCs reduce the body's daily requirement for Vitamin C).

OPCs may help to prevent the degradation of Vitamin E. Strengthens vitamin E.

Healthy dark raw chocolate is a great anti-aging superfood. Some of the life enhancement properties include:

OPCs may inhibit the destruction of Hyaluronic Acid by the Hyaluronidase enzyme. references

OPCs may stimulate the production of optimal amounts of Nitric Oxide in the Endothelium of Blood Vessels. references

OPCs may help to prevent damage to the Deoxyribonucleic Acid (DNA) content of Cells. references

Polyphenols

OPCs can be converted by enzymes to Anthocyanins (i.e. OPCs are a precursor for Anthocyanins).

- OPCs may enhance the renewal and production of Collagen - when OPCs bind to Collagen, it helps to prevent the destruction of Collagen by Collagenase. references

- When OPCs bind to Elastin, they may help to prevent the destruction of Elastin by Elastase. references

Vitamins

OPCs may enhance the function of and are synergistic with Vitamin C (OPCs reduce the body's daily requirement for Vitamin C). references

OPCs may help to prevent the degradation of Vitamin E and helps to recycle Vitamin E. references

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Today, we have a healthy dark chocolate that is a great anti-aging superfood. Xocai, a brand of healthy dark chocolate that has been certified by Brunswick Laboratories to be rich in antioxidants. This product can be purchased and you can also become a distributor. For more information you contact: [itsasmarterchocolate.com](http://itsasmarterchocolate.com)

**Attached Image:** xocai\_graphic.jpg

